Photon-counting CT review

Thomas Flohr, Martin Petersilka, Andre Henning, Stefan Ulzheimer, Jiri Ferda, Bernhard Schmidt

Siemens Healthcare GmbH, Computed Tomography, 91301 Forchheim, Germany
Charles University Prague, Medical Faculty Pilsen, 304 60 Pilsen, Czech Republic

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ABSTRACT
Photon-counting detectors are a promising new technology for computed tomography (CT) systems. They provide energy-resolved CT data at very high spatial resolution without electronic noise and with improved tissue contrasts. This review article gives an overview of the principles of photon-counting detector CT, of potential clinical benefits and limitations, and of the experience gained so far in pre-clinical installations.

1. Introduction
Computed tomography (CT) is the backbone of radiological diagnosis. The application spectrum of CT has been continuously expanded by technological advances, among them the introduction of spiral CT [1], the rapid progress of multi-detector row CT [2,3], and new system concepts such as wide detector CT [4] or dual source CT [5] with their specific clinical benefits.

Today, CT is a mature modality in its saturation phase. Yet, there are still some limitations for current CT technology. Limited spatial resolution hampers CT angiographic (CTA) examinations of small vessels such as the coronary arteries. Calcified plaques in the vessels appear much larger in the CT-images than they are (“Calcubloom”), and coronary narrowing is frequently overstated. Coronary calcifications with an Agatston score greater than 1000 are the most relevant independent predictor of uninterpretable coronary CTAs [6]. Other CTAs, such as renal CTAs for surgery planning or peripheral run-offs, and lung examinations, e. g. for interstitial lung disease, will benefit from improved spatial resolution as well. Recently, an ultra-high-resolution CT system was introduced (Canon Precision). The system has been evaluated in initial studies [7], routine clinical experience, however, is still limited.

Excessive increase of image noise, noise streaks and drift of CT-numbers in CT scans of obese patients or at ultra-low radiation dose are another drawback of current CT. They are caused by the electronic noise of the measurement system which dominates at low x-ray flux. Detectors with integrated detector electronics show reduced electronic noise [8] and may enable further radiation dose reduction.

Dual-energy CT has gained momentum as a technique to enhance the clinical value of CT by providing functional information in addition to morphology. Dual-energy CT exploits the material-specific difference in x-ray attenuation at different x-ray energies and has resulted in a variety of clinical applications:

- Material differentiation, e. g. for the characterization of kidney stones or differential diagnosis of gout
- Improved visualization, e. g. by means of contrast enhancement of lesions and other structures with the help of virtual monoenergetic images (VMIs)
- Quantitation, e. g. by computation of iodine maps, with the local iodine uptake as a surrogate parameter for local perfusion in patients with pulmonary embolism, or for differential diagnosis of abdominal lesions.

Reviews on clinical applications of dual-energy CT may be found in ([9,10,11,12,13,14,15]). Dual-energy CT data can currently be acquired with dual source CT systems ([5,16]), CT systems with fast kV switching [17] or dual-layer detector CT systems [18]. However, each of these solutions has inherent limitations.

Photon-counting detectors are a new technology with the potential to overcome the above-mentioned limitations of current CT detectors, by providing CT data at very high spatial resolution, without electronic noise and with inherent spectral information. Photon-counting detectors and their potential benefits have already been evaluated in experimental CT benchtop systems more than 10 years ago (e. g. [19]). The performance of the detectors used in these early systems, however, was not
Despite all technical advances, significant development efforts are still needed before the detectors can be broadly released in commercial CT systems.

This review article gives an overview of the basic principles of photon-counting detector CT, and of the clinical experience gained so far in pre-clinical installations. Other reviews of photon-counting detector CT may be found in ([20,21,22,23]).

2. Principles of photon-counting CT

2.1. Properties of current solid-state scintillation detectors

To understand the properties of photon-counting CT detectors and their clinical impact it is helpful to briefly recapitulate the properties of solid-state scintillation detectors which are used in all current medical CT scanners. Solid-state scintillation detectors consist of individual detector cells with a side length of 0.8–1 mm, made of a scintillator (e. g. Gadolinium-oxide or Gadolinium-oxysulfide GOS) with a photodiode attached to its backside, see Fig. 1. The absorbed x-rays produce visible light in the scintillator which is detected by the photodiode and converted into an electrical current. Both the intensity of the scintillation light and the amplitude of the induced current pulse are proportional to the energy E of the absorbed x-ray photon. All current pulses registered during the measurement time of one reading (projection) are integrated. This results in a detector signal $S$

$$S = \int_0^{E_{\text{max}}} D(E)N(E)dE \approx \int_0^{E_{\text{max}}} EN(E)dE$$

where $D(E)$ is the detector responsivity, $N(E)$ is the absorbed x-ray flux during one reading, and $E_{\text{max}}$ is the maximum energy of the x-ray beam, see Fig. 2.

X-ray photons with lower energy $E$, which carry most of the low-contrast-information, contribute less to the integrated detector signal than x-ray photons with higher energy. This energy-weighting reduces the contrast-to-noise ratio (CNR) in the CT images, in particular in CT scans with iodinated contrast agent, because the x-ray absorption of iodine is highest at lower energies closely above its K-edge at 33 keV.

The low-level analogue electric signal of the photodiodes is distorted by electronic noise which becomes larger than the quantum noise (Poisson noise) of the x-ray photons at low x-ray flux and causes a disproportional increase of image noise and instability of low CT-numbers (e. g. in the lungs) if the flux is further reduced. This strong noise increase and the drift of CT-numbers set a limit to potential further radiation dose reduction in medical CT.

The individual detector cells are separated by optically in-transparent layers to prevent optical crosstalk. They have a minimum width of about 0.1 mm and reduce the geometric dose efficiency of the detector: x-ray photons absorbed in the separation layers do not contribute to the measured signal even though they have passed through the patient - from a radiation dose perspective they are wasted dose. Current medical CT detectors have detector cells with an active size of about 0.8 × 0.8 mm² to 1 × 1 mm² [22]. Assuming additional dead zones of 0.2 mm in the in-plane direction and 0.1 mm in the z-axis direction, the total area of a detector element is $1.0 \times 0.9$ mm² to $1.2 \times 1.1$ mm².

The geometric dose efficiency is therefore about 70–80%. Significantly reducing the size of the scintillators to increase spatial resolution while keeping the width of the separation layers constant will further reduce the geometric efficiency – therefore, it is problematic to increase the spatial resolution of solid-state scintillation detectors beyond today’s performance levels, see also [69].

2.2. Properties of photon-counting detectors

Photon-counting detectors are made of semiconductors such as cadmium-telluride (CdTe), cadmium-zinc-telluride (CZT) or silicon (Si). Depending on the material, the detector consists of a 1.4–30 mm thick semiconductor layer [22]. Thin layers are sufficient for CdTe- and CZT-
based CT detectors because of their high atomic number. Si requires thick layers because of its low atomic number and low absorption efficiency in the x-ray energy range relevant to medical CT [64]. In this review we focus on CdTe- and CZT-based photon counting detectors.

High voltage (800–1000 V) is applied between the cathode on top and pixelated anode electrodes at the bottom of the semiconductor layer, see Fig. 3. The absorbed x-rays produce electron-hole pairs which are separated in the strong electric field. The electrons drift to the anodes and induce short current pulses (10⁻¹⁵ s)¹. A pulse-shaping circuit transforms them to voltage pulses with a full width at half maximum (FWHM) of 10–15 ns; the pulse-height of the voltage pulses is proportional to the energy E of the absorbed x-ray photons. As soon as these pulses exceed a threshold they are counted, see Fig. 4.

Photon-counting detectors have several advantages compared to solid-state scintillation detectors. The individual detector cells are defined by the strong electric field between common cathode and pixelated anodes (Fig. 3), there are no additional separation layers. The geometrical dose efficiency of a photon-counting detector is only reduced by the unavoidable anti-scatter collimator blades or grids. Different from scintillator detectors each “macro pixel” confined by collimator blades can be divided into smaller sub-pixels which are read-out separately to increase spatial resolution (see Fig. 3b).

All current pulses produced by absorbed x-rays are counted during the measurement time of one reading (projection) as soon as they exceed a threshold energy T₀. In a photon-counting detector for medical CT, T₀ is about 20–25 keV. Low-amplitude baseline noise is well below this level and does not trigger counts - even at low x-ray flux only the statistical Poisson noise of the x-ray quanta is present in the signal. CT scans at very low radiation dose or CT scans of obese patients show therefore less image noise, less streak artifacts and more stable CT-numbers than the corresponding scans with a scintillation detector, and radiation dose reduction beyond today’s limits seems possible.

The detector responsivity D(E) in the x-ray energy range from 30 keV to 100 keV is approximately constant (see Fig. 2) - all x-ray photons contribute equally to the measurement signal regardless of their energy E, as soon as E exceeds T₀. This results in a detector signal S

\[
S = \int_{T_0}^{E_{\text{max}}} D(E)N(E)dE \approx \int_{T_0}^{E_{\text{max}}} \text{const}N(E)dE
\]

There is no down-weighting of lower energy x-ray photons as in solid-state scintillation detectors. Photon-counting detectors can therefore provide CT images with potentially improved CNR, in particular in CT scans with iodinated contrast agent.

In a more advanced readout mode, several counters operating at different threshold energies are introduced for energy discrimination, see Fig. 4. Physically, the different thresholds are realized by different voltages which are fed into pulse-height comparator circuits. In the example of Figs. 4, 4 different energy thresholds T₀, T₁, T₂ and T₃ are realized. During the time of one projection, counter 1 counts all x-ray pulses with an energy exceeding T₀, while counter 2 simultaneously counts all x-ray pulses with an energy exceeding T₁, and so on. The photon-counting detector simultaneously provides 4 signals S₀, S₁, S₂ and S₃ with different lower energy thresholds T₀, T₁, T₂ and T₃.

\[
S_i = \int_{T_i}^{E_{\text{max}}} D(E)N(E)dE, i = 0, 1, 2, 3
\]

CT images reconstructed from these raw data are shown in Fig. 5. By subtracting the detector signals with adjacent lower energy thresholds, “energy bin” data can be produced. Energy bin b₀ = S₁ – S₀ as an example contains all x-ray photons detected in the energy range between T₁ and T₀.

The simultaneous read-out of CT data in different energy bins opens the potential of spectrally resolved measurements and material differentiation in any CT scan. Today’s established dual-energy applications - mainly based on decomposition into two base materials such as iodine and water, or iodine and calcium - are routinely feasible, and virtual

¹ The drift of the holes is much slower. Therefore, they can cause polarization at high count rates, significantly impacting the detector response.
monoenergetic images, iodine maps or virtual non-calcium images can be computed whenever needed for the diagnosis.

Data acquisition with more than two thresholds enables multi-material decomposition under certain preconditions. Compton scattering and the photoelectric effect are the only two relevant interaction mechanisms for x-ray energies used in medical CT (30 keV – 150 keV). Their energy dependence is similar for all elements without K-edge in this energy range – this applies to all elements naturally occurring in the human body. Their x-ray attenuation \( \mu(E) \) can be described as

\[
\mu(E) = \rho \left( \alpha Z_{\text{eff}} k E n + \beta f_{\text{KN}}(E) \right)
\]

\( \rho \) is the density. The first term \( \propto Z_{\text{eff}} k E n \) describes the attenuation by the photoelectric effect. \( Z_{\text{eff}} \) is the effective atomic number, \( k \approx 3–4 \), \( n \approx 3–3.5 \). The second term \( f_{\text{KN}}(E) \) is the Klein-Nishina description of attenuation by Compton scattering. \( f_{\text{KN}}(E) \) depends only weakly on \( E \). \( \alpha \) and \( \beta \) are constants for all energies and \( Z_{\text{eff}} \)'s.

Differentiation of two base materials, e. g. water and iodine, requires two measurements at different energies. The energy-dependent attenuation of any other material, such as calcium or iron, can then be described by a linear combination of the two base materials. Three- or more material decomposition is only feasible by adding a third element with K-edge in the relevant energy range, such as gadolinium, to the two base materials, see Fig. 6. Adding further measurements at other energies will not provide relevant new information in this case. The situation changes if a material with K-edge in the relevant energy range, such as gadolinium, is added to the two base materials, see Fig. 6. For a K-edge material, the energy dependence of x-ray attenuation is different, and CT measurements at three or more energies can be used for three-material decomposition (two base materials plus the K-edge material):

\[
\mu(E) = \rho \left( \alpha Z_{\text{eff}}^{\text{K-edge}} k E n + \beta f_{\text{KN}}(E) + \alpha_{\text{K-edge}} f_{\text{K-edge}}(E) \right)
\]

\( f_{\text{K-edge}}(E) \) describes the energy-dependent attenuation by the K-edge element.

Unfortunately, three- or more-material decomposition with CT data in three or more energy bins will be limited to clinical scenarios in which K-edge elements have been introduced into the human body, e. g. to separate two contrast agents (e. g. iodine and gadolinium, or iodine and bismuth) or other heavy elements (e. g. tungsten, or gold nanoparticles).

In addition to potential material decomposition, the CNR of the images can be further improved by optimized weighting of the different energy bins. Instead of just adding the bin data for the reconstruction of an image, higher weights can be assigned to the low-energy bin data, in particular in CT-scans using iodinated contrast agent.

2.3. Challenges for photon-counting detectors

Compared to established dual-energy acquisition techniques,
energies and reduction of spectral separation. Electrons of the detector material. The empty K-shells are immediately refilled, and characteristic x-rays at the K-shell fluorescence energy may kick-out K-electrons from the detector material. The K-shells are immediately refilled, and characteristic x-rays at the K-shell fluorescence energy are released which are re-absorbed and counted in the detector cell itself or in neighboring detector cells (“K-escape”). The incident x-rays at the primary interaction site lose the energy \( E_{\text{fluoro}} \) and are counted at an energy \( E - E_{\text{fluoro}} \) (the resulting peak in the detector signal is called “K-escape peak”). In summary, high-energy x-ray photons are again wrongly counted at lower energies, and spectral separation as well as spatial resolution are reduced. Charge sharing, fluorescence and K-escape are illustrated in Fig. 7.

Fig. 8 shows the spectral response of a CdTe-photon-counting detector. Fig. 8 serves as a qualitative illustration of the influence of charge sharing, fluorescence and K-escape on the detector signal, it is not intended to provide quantitative information about the performance of a particular CdTe/CZT-detector. If the detector is read-out with several energy thresholds, resulting in several energy bins, the low energy bins will contain wrong high-energy information (because high-energy hits result in detector response at lower x-ray energies, see Fig. 8). For a realistic detector model including charge sharing, fluorescence, and K-escape, the spectral separation with two energy bins is probably equivalent to that of a dual-kV scan with optimized pre-filtration [24].

Increasing the size of the detector pixels improves spectral separation, because boundary effects such as charge sharing and K-escape contribute less to the total detector signal, see Fig. 9.

 photon-counting detectors are often assumed to provide better energy separation and less spectral overlap. However, unavoidable physical effects reduce the energy separation of CdTe- or CZT-based photon-counting detectors. The current pulses produced by x-rays absorbed close to pixel borders are split between adjacent detectors cells (“charge sharing”). This leads to erroneous counting of a high-energy x-ray photon as several lower-energy hits. Cd and Te have K-edges at 26.7 and 31.8 keV, respectively. Incident x-rays at an energy \( E \) may kick-out K-electrons from the detector material. The K-shells are immediately refilled, and characteristic x-rays at the K-shell fluorescence energy \( E_{\text{fluoro}} \) are released which are re-absorbed and counted in the detector cell itself or in neighboring detector cells (“K-escape”). The incident x-rays at the primary interaction site lose the energy \( E_{\text{fluoro}} \) and are counted at an energy \( E - E_{\text{fluoro}} \) (the resulting peak in the detector signal is called “K-escape peak”). In summary, high-energy x-ray photons are again wrongly counted at lower energies, and spectral separation as well as spatial resolution are reduced. Charge sharing, fluorescence and K-escape are illustrated in Fig. 7.

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Si-based photon counting detectors do not suffer from problems with K-escape. However, because of the low atomic number of Si, a large number of the incident x-ray photons are not photo-absorbed, but one or more times Compton-scattered, each time depositing a small amount of energy. The Compton interactions degrade both energy separation and spatial resolution [64].

The maximum size of the detector pixels is unfortunately limited by the finite width of the voltage pulses after pulse-shaping (FWHM \( \geq 10 \) ns). Medical CTs are operated at high x-ray flux rates up to \( 10^7 \) counts per s and mm\(^2\) – if the detector pixels are too large, too many x-ray
photons hit them too closely in time to be registered separately. Several overlapping pulses are then counted as one hit only at a too high energy ("pulse pile-up"), see Fig. 10. Pulse pile-up leads to non-linear detector count rates and finally to detector saturation. Even though the signal can be linearized before the onset of saturation, significant quantum losses, increased image noise and reduced energy discrimination cannot be avoided. A way out of this dilemma is a reduction of the pixel size of the detector - however, smaller pixels lead to more charge sharing and K-escape. Finding the optimum size of the detector cells to balance pulse pile-up, charge sharing and K-escape is one of the most challenging tasks in designing a photon-counting detector.

Another problem of photon-counting detectors is count-rate drift at higher x-ray flux rates. Non-homogeneously distributed crystal defects in the sensor material cause trapping of electrons and holes – the resulting space charges modify the electric field distribution differently in the individual detector pixels. This changes the characteristics of the signal pulses depending on the "irradiation history" of the respective pixels and may lead to severe ring artifacts in the images at higher flux rates.

3. Pre-clinical evaluation of photon-counting CT

Photon-counting detectors are a promising new technology for future medical CT systems. Currently, pre-clinical prototypes are used to evaluate the potential and limitations of photon-counting CT in clinical practice. We focus on these pre-clinical installations and leave out other more experimental solutions, benchtop systems, and photon-counting micro CT systems.

Silicon-based photon counting detectors were first evaluated for dedicated breast CT imaging [65], but the scope was soon extended to other applications. Synthetic monoenergetic, virtual non-contrast and virtual non-calcium images of a heart sample could be obtained with an experimental benchtop CT scanner with 8 energy bins [66]. Meanwhile, a prototype single source CT scanner with a full-field-of-view silicon-based photon-counting detector capable of patient scanning has been presented [67]. The system provides improved spatial resolution of 19 lp/cm, compared to 14 lp/cm for a reference scanner [67].

There are several pre-clinical prototype CT-systems equipped with CdTe- or CZT-detectors. A small-bore spectral micro-CT based on a Medipix-detector with 8 energy channels has been translated to a large-bore photon counting CT capable of obtaining diagnostic spectral CT images of a human within a clinical radiation dose level [68], however, no further results have been published yet.

A pre-clinical single source CT system with photon-counting detector based on CZT (Philips Healthcare, Haifa, Israel) provides an in-plane field of view of 168 mm and a z-coverage of 2.5 mm, with a rotation time of 1 s [25]. The size of the detector pixels is 0.5x0.5 mm². The photon-counting detector has 5 energy thresholds. The system was evaluated both with phantoms and with animal scans, demonstrating improved assessment of lung structures due to higher resolution [25] and improved visualization of the in-stent lumen and in-stent re-stenosis.

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4 Si-based photon counting detectors have a higher charge carrier mobility than CdTe/CZT. They can therefore handle higher x-ray fluxes without suffering from pulse pile-up [64].
in coronary stents [26]. Differentiation of several contrast agents by multi-material decomposition was demonstrated ([27,28,29,30,31,32]), with various potential clinical applications. Differentiation between blood and iodine in a bovine brain was demonstrated as well by computing iodine maps and virtual non-contrast images [33].

A pre-clinical hybrid dual source CT scanner is equipped with a conventional scintillation detector and a CdTe photon-counting detector (Siemens Healthcare GmbH, Forchheim, Germany). The photon-counting detector consists of sub-pixels with a size of 0.225x0.225 mm². The detector provides 2 energy thresholds per sub-pixel. 2x2 sub-pixels can be binned to a “sharp pixel” or “ultra-high resolution (UHR) pixel” with a pixel size of 0.45 x 0.45 mm², 4x4 sub-pixels can be binned to a “macro pixel” with a size of 0.9 x 0.9 mm² comparable to today’s medical CT systems. By assigning alternating low-energy and high-energy thresholds to adjacent detector sub-pixels in a “chess pattern” mode, the detector provides 4 energy thresholds in “macro pixels”. The in-plane field-of-view of the photon-counting detector is 275 mm, the z-coverage is 8-16 mm, depending on the read-out mode. A completion scan with the energy-integrating sub-system can be used to extend the photon-counting field of view to 500 mm. The shortest rotation time of the system is 0.5 s. The x-ray tubes (Straton, Siemens Healthcare GmbH, Forchheim, Germany) can be operated at voltages up to 140 kV, with a tube current up to 550 mA (maximum tube power 77 kW). The focal spot is 0.5 s. The x-ray tubes (Straton, Siemens Healthcare GmbH, Forchheim, Germany) can be operated at voltages up to 140 kV, with a tube current up to 550 mA (maximum tube power 77 kW). The focal spot size of 1.00 x 1.40 mm² (width x length) in the “standard” mode (providing up to 120 kW tube power) and 0.7 x 0.9 mm² in the “UHR” mode (providing up to 50 kW tube power).

The imaging performance of the pre-clinical hybrid dual source CT was evaluated by means of phantom and cadaver scans ([37,38]), confirming clinical image quality at clinically realistic levels of x-ray photon flux. In contrast-enhanced abdominal scans of human volunteers, photon-counting detector images showed similar qualitative and quantitative image quality scores as conventional CT images, while additionally providing spectral information for material decomposition [39].

The improvement of iodine CNR by photon-counting CT, which is expected as a result of the missing down-weighting of low-energy x-ray photons, was confirmed by measurements in 4 anthropomorphic phantoms simulating 4 patient sizes ([38]). A mean increase in iodine CNR of 11%, 23%, 31%, 38% relative to the scintillation detector system at 80, 100, 120, and 140 kV, respectively, was shown. These improvements in iodine CNR can potentially be translated into reduced radiation dose, or reduced amount of contrast agent. Improvement of soft-tissue contrasts was demonstrated in a brain CT study with 21 human volunteers [40]. The higher reader scores for the differentiation of grey and white brain matter for photon-counting CT images compared to conventional CT images were attributed to both higher soft-tissue contrasts (10.3 ± 1.9 HU versus 8.9 ± 1.8 HU), and lower image noise for photon-counting CT.

The impact of missing electronic noise on image quality was assessed for various clinical applications at low radiation dose. Less streaking artifacts in shoulder images acquired with the photon-counting detector of the pre-clinical hybrid dual source CT as compared to its scintillation detector were demonstrated [41]. Symons et al [42] found better Hounsfield unit stability for lung, ground-glass, and emphysema-equivalent foams of a lung phantom in combination with better

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5 The effective size of a sub-pixel is somewhat larger because of additional dead-zones due to collimator blades after every 6th sub-pixel in the z-direction and after every 4th sub-pixel in the phi-direction, see also Fig. 3 for an illustration. With an effective sub-pixel size of 1.13x0.322 mm in the z-direction, a focus-isocenter distance of 610 mm and a focus-detector distance of 1113 mm the “slice width” of a sub-pixel at the isocenter is 610/1113*1.13*0.322mm = 0.20 mm.
reproducibility of the measurements. This is an important pre-requisite for further reduced radiation dose in lung imaging, e.g. in the context of lung cancer screening. In a study with 30 human subjects undergoing dose-reduced chest CT imaging [43], photon-counting CT demonstrated higher diagnostic quality with significantly better image quality scores for lung, soft tissue, and bone, fewer beam-hardening artifacts, lower image noise, and higher CNR for lung nodule detection, see Fig. 11.

Improved quality of coronary artery calcium (CAC) scoring at low radiation dose was shown in a combined phantom, ex-vivo and in-vivo study [44]. Agreement between standard-dose (average CTDI$_{vol}$ = 5.4 mGy) and low-dose (average CTDI$_{vol}$ = 1.6 mGy) CAC score in 10 volunteers was significantly better for photon-counting CT than for conventional CT, attributed to the absence of electronic noise in combination with improved calcium-soft tissue contrasts due to missing down-weighting of low-energy x-ray photons. The authors concluded that photon-counting CT technology may play a role in further reducing the radiation dose of CAC scoring.

Improvements in spatial resolution with the pre-clinical hybrid dual source CT enabled by the smaller pixels of its photon-counting detector in “sharp” mode and in “UHR” mode were evaluated in several phantom studies. 150 μm in-plane spatial resolution and minimum slice widths down to 0.41 mm were demonstrated, and better spatial resolution was confirmed in clinical images of the lung, shoulder and temporal bone [45], see Fig. 12. At equal spatial resolution, photon-counting images had less image noise than conventional CT images because of the better modulation transfer function (MTF) of the measurement system. Significant improvements of coronary stent lumen visibility with the “UHR” mode were found [46], as well as superior qualitative and quantitative image characteristics for coronary stent imaging when using a dedicated sharp convolution kernel [47].

In a small study with 8 humans undergoing scans of the brain, the thorax, and the left kidney, Pourmorteza et al [48] observed improved spatial resolution and less image noise with the “UHR” mode compared with standard-resolution photon-counting CT (“macro” mode). Substantially better delineation of temporal bone anatomy scanned with the “UHR” mode compared with the ultra-high-resolution mode of a commercial energy-integrating-detector CT scanner was shown in [49].

Superior visualization of higher-order bronchi and third-/fourth-order bronchial walls at preserved lung nodule conspicuity compared with clinical reference images was demonstrated in 22 adult patients referred for clinically indicated high-resolution chest CT [50]. The authors combined “sharp” mode photon-counting CT with image

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**Fig. 12.** Example of a shoulder scan acquired with the pre-clinical hybrid dual source CT prototype. Left: energy-integrating detector image. Right: photon-counting detector image, “sharp” mode, demonstrating higher spatial resolution and significantly improved visualization of bony structures. Modified from [45].

**Fig. 13.** Lung images of a 74-year old woman with breast cancer and signs of fibrosis after radiation therapy, acquired with a pre-clinical single source CT prototype with photon-counting detector. Data acquisition: “UHR” mode, 120x0.2 mm collimation, 0.3 s rotation time, CTDI$_{vol}$ = 3.89 mGy, DLP = 126 mGy cm. Image reconstruction: sharp convolution kernel, 1024x1024 image matrix, 0.4 mm slice width. Excellent visualization of fibrosis and fine details such as fissures. Courtesy of Dr. J. Ferda, Pilsen, Czech Republic.
reconstruction at 1024 x 1024 matrix size using a dedicated sharp convolution kernel. According to the authors, photon-counting CT is beneficial for high-resolution imaging of airway diseases, and potentially for other pathologies, such as fibrosis, honeycombing, and emphysema.

The achievable image quality with a photon-counting detector in high-resolution chest CT is demonstrated in Fig. 13. Practically, spatial resolution does not only depend on the detector pixel size, but also on the focal spot size of the x-ray tube which needs to be correspondingly small. The smaller the focal spot is, the less tube power is usually available, which may limit the clinical applicability of ultra-high-resolution CT scanning. Furthermore, increased resolution comes at the expense of increased image noise if the radiation dose is kept constant. Increased radiation dose to the patient to compensate for the higher noise may not be acceptable in all cases. Non-linear data and image denoising techniques will therefore play a key role in harnessing the high-resolution potential of photon-counting detectors, see e.g. ([51,52,53]).

A key benefit of photon-counting CT is spectrally resolved data acquisition in any scan. The spectral performance of the pre-clinical hybrid dual source prototype with photon-counting detector was evaluated in phantom studies [54], and the CT number accuracy in VMIs and iodine quantification accuracy were found to be comparable to dual source dual-energy CT. According to the authors, photon-counting CT offers additional advantages, such as perfect temporal and spatial alignment to avoid motion artifacts, high spatial resolution, and improved CNR. In an anthropomorphic head phantom containing tubes filled with aqueous solutions of iodine (0.1 – 50 mg/ml) excellent agreement between actual iodine concentrations and iodine concentrations measured in the iodine maps was observed [55]. The authors assessed the use of iodine maps and VMIs in head and neck CTA in 16 asymptomatic volunteers and proposed VMIs as a method to enhance plaque detection and characterization as well as grading of stenosis by reconstructing images at different keV.

The routine availability of VMIs with photon-counting CT may pave the way to further standardization of CT-protocols, provided that CNR and image quality of the VMIs are enhanced by refined processing (see e.g. [56]). In this approach, VMIs at standardized keV levels tailored to the clinical question (e.g. 50–70 keV for contrast-enhanced examinations of parenchymal organs, 40–50 keV for CT angiographic studies) are the primary output of any CT scan regardless of the acquisition protocol, see Fig. 14. Going one step further, the acquisition protocol may be standardized as well. Some authors [57] already recommend a standardized acquisition protocol with 140 kV x-ray tube voltage for contrast-enhanced abdominal CT examinations in all patient sizes, with standardized VMI reconstruction at 50 keV. According to the authors, optimal or near optimal iodine CNR for all patient sizes is obtained with this protocol.

Several authors assessed the performance of spectral photon-counting CT for detection and characterization of kidney stones, another established dual-energy CT application ([58,59,60]). They found comparable overall performance to state-of-the-art dual-energy CT in differentiating stone composition, while photon-counting CT was better able to help characterize small renal stones ([60]).

If the photon-counting detector is operated with more than two energy bins, multi-material decomposition is possible if K-edge elements are present. In a canine model of myocardial infarction, Symons et al [61] performed dual-contrast agent imaging of the heart to simultaneously assess both first-pass and late enhancement of the myocardium. The authors concluded that combined first-pass iodine and late gadolinium maps allowed quantitative separation of blood pool, infarct scar, etc.
and remote myocardium. The same authors also investigated the feasibility of simultaneous material decomposition of three contrast agents (bismuth, iodine and gadolinium) in vivo in a canine model [62]. They observed tissue enhancement at multiple phases in a single CT acquisition, opening the potential to replace multiphase CT scans by a single CT acquisition with multiple contrast agents, see Fig. 15.

In clinical practice, the use of multi-material maps may be hampered by the unavoidable increase of image noise in a multi-material decomposition. Similar to ultra-high resolution scanning non-linear data and image denoising techniques will play a key role to fully exploit the potential of multi-material decomposition in clinical routine, see e.g. [63].

In this review article, we have outlined the basic principles of photon-counting CT and its potential clinical applications. Once remaining challenges of this technology have been mastered, photon-counting CT has the potential to bring clinical CT to a new level of performance.

References

[34] Kappler S, Hannemann T, Krauf E, et al. First results from a hybrid prototype CT scanner for exploring benefits of quantum-counting in clinical CT. Medical Imaging